

# Progress

## Mavado

Wi nuh in a nothing wid you  
If you naw show no progress  
Man fi go through life without no stress  
Be friends meet some people that's hopeless  
Cause dem a nuh, no progress Dem chat a bag a things and dem screw  
A just suh dem come tan  
A stone you bread come from  
A jail bunk dem waan see man head pon  
A you nice life dem waan see you dead from  
Naaahh  
Dem cyaa trick mi and kill mi  
Mi cyaa dead so  
Aaahh  
Dem a send a bag a news to you woman  
Fi you woman left yoh Life is like the weather  
You haffi go through the season  
People change and you don't know the reason Duppy bat nuh have no direction  
And a dem a try lead you  
Mi couldn't work wid a nigga deh  
From him a work wid him evil  
Mama seh good mix wid allot of evil  
The devil in allot of people  
From mi naw feel you energy mi gone  
Like the good bible mi ready you  
Naaahh  
You cyaa trick mi and kill mi  
Mi nah dead so  
Aaaahhh  
Dem a send a bag a news to you woman  
Fi you woman left  
Aaahh  
Dem cyaa trick mi and kill mi  
Mi nah dead soo  
Aahh  
Mi hold on pon mi life and mi nah left Nuh bother drown in your sorrows, you fi feel like swim  
Dem mi paper to pend is a real life thing  
Yes today you down, now you feel like king  
The life where yo fam wasn't inviting  
Sometimes mi know it stressing  
Mi waan every youth rise and count unuh blessings  
Dem waan si wi feed pon dumpling and mackerel  
Weather sea food and lobster pon the hot grill

Wa happen to demNo, no, we nah dead so  
So we nah dead so  
Nuh we nah dead so  
Nuh we na dead go  
Se nah dead so  
Nah dead so  
Nah dead soNuh in a nothing wid you  
If you naw show no progress  
Man fi go through life without no stress  
Be friends meet some people that's hopeless  
Cause dem a nuh, no progressNo dem screw  
Just suh dem come tan

Lyrics provided by <https://www.songarea.com/>