

# Helium

Sia

[Verse 1]

I'm trying but I keep falling down  
I cry out but nothing comes now  
I'm giving my all and I know peace will come  
I never wanted to need someone

[Pre-Chorus]

Yeah, I wanted to play tough  
Thought I could do all just on my own  
But even Superwoman  
Sometimes needed Superman's soul

[Chorus]

Help me out of this hell  
Your love lifts me up like helium  
Your love lifts me up when I'm down, down, down  
When I've hit the ground  
You're all I need

[Verse 2]

And if you let go I'll float towards the sun  
I'm stronger 'cause you fill me up  
But when the fear comes and I drift towards the ground  
I am lucky that you're around

[Pre-Chorus]

Yeah, I wanted to play tough  
Thought I could do all just on my own  
But even Superwoman  
Sometimes needed Superman's soul

[Chorus]

Help me out of this hell  
Your love lifts me up like helium  
Your love lifts me up when I'm down, down, down  
When I've hit the ground  
You're all I need  
'Cause your love lifts me up like helium  
Your love lifts me up like helium

[Bridge]

You lift me up and I am found  
You lift me up before I hit the ground  
You lift me up when I'm down, down, down  
You lift me up before I hit the ground  
You lift me up and I am found  
You lift me up before I hit the ground  
You lift me up when I'm down, down, down  
You lift me up before I hit the ground!

[Chorus]

Your love lifts me up like helium  
Your love lifts me up when I'm down, down, down  
When I've hit the ground  
You're all I need  
'Cause your love lifts me up like helium  
Your love lifts me up like helium  
Your love lifts me up like helium  
Your love lifts me up like helium

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